

Third B.Sc. (Nursing) (New) Examination  
Mental Health Nursing

Date : 21-07-2010, Wednesday  
Time : 3 Hours

[Max. Marks : 75]

- Instructions :
- (1) Figure to the right indicates full marks.
  - (2) Write section I & II in separate answer book.
  - (3) All question are compulsory.

SECTION I

Q.1 Define following. ( Any five) (5x2=10)

- (a) Forensic Psychiatry - 240
- (b) Crisis 267
- (c) Exhibitionism
- (d) Delirium Tremens 257
- (e) Circumstantialities 29
- (f) Conversion Disorder 184

Q.2 Mr. Praveen 45 years old, admitted in psychiatric hospital with the diagnosis of Schizophrenia. (1+3=4)

- (a) Define Schizophrenia.
- (b) Clinical manifestation of Schizophrenia.
- (c) Write management for Schizophrenia.

Q.3 Answer following ( Any four.) (4x5=20)

- (a) Crisis intervention and its management. 269
- (b) Nursing management for the patient with suicidal tendency. 254 (254)
- (c) Nature and scope of mental health nursing. 13, 14 (13, 14)
- (d) Standards of mental health nursing practice. 15 (15)
- (e) Nursing responsibilities associated with ECT therapy. 130 (130)

Section -II

Q.4 Write nursing responsibilities for the following drugs. ( Any Two) (2x4= 8)

- (a) Lithium 101
- (b) Haloperidol 352
- (c) Disulfiram 205

Q.5 Write short notes ( Any Four ) (4x5= 20)

- (a) Obsessive compulsive disorder. 181
- (b) ADHD 234
- (c) Behavioral therapy 115
- (d) Types of psychiatric emergency and their management. 23
- (e) Admission procedure. 282

Q.6 Answer following: (Any Three) (3x3=9)

- (a) Different between Delirium and Dementia. 241 + 249
- (b) Level of prevention in community mental health nursing. 296
- (c) Paraphilias ( Disorder of sexual preference). 213
- (d) Anorexia nervosa. 216

0208E681

Candidate's Seat No: \_\_\_\_\_

Third Year B.Sc. (Nursing) Examination  
Mental Health Nursing

Time: 3 Hours]

[Maxi. Marks : 80

- Instructions : (1) Attempt all the questions.  
 (2) Write Section I and Section II in separate answer book.  
 (3) Draw the diagram wherever needed.

SECTION I

- 1 Describe the concept of normal and abnormal behaviour and write the factors influencing abnormal behaviour. - 21 10
- 2 Enumerate any six principles of psychiatric nursing and explain any two principles. 210
- 3 Write short notes (any two) : 22
- (a) Sociocultural model 112
  - (b) Family therapy
  - (c) Legal aspects in mental health.

Answer the following :

- (a) Define the term interview. 21 2
- (b) Describe the purposes of interview 5
- (c) List any three techniques of interview 3

SECTION II

- 5 Write any five differences between psychosis and neurosis. 10
- 6 Answer the following : 244-251
- (a) Write the role of nurse in prevention of mental disorders. 192-193 5
  - (b) List any five symptoms of alcohol abuse. 5
  - (c) Define senile dementia and enumerate its clinical types. 546. K. 2007 6
7. (a) Fill in the gap : 4
- (1) Chlorpromazine is a ..... group of antipsychotic drug.
  - (2) Anticholinergic drug is used to reduce symptoms of ..... diseases.
  - (3) Specific drug for mania is .....
  - (4) Tetracyclic is an ..... drug.
- (b) Define following terms : 10
- (1) Anxiety 172, 176, 177
  - (2) Elations 26
  - (3) Hallucinations 26
  - (4) Suicide - 253
  - (5) Violence 318

01/167

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Candidate's Seat No: 28

Third Year B.Sc. (Nursing) (New) Examination  
Mental Health Nursing

[Maxi. Marks : 80]

Time: 3 Hours]

- Instructions : (1) All questions are compulsory.  
(2) Tie both sections in separate answer book.  
(3) Draw diagram wherever needed.

SECTION I

2x5=10

1 Define following (any five) :

- (a) Psychiatric Nursing
- (b) Hypochondriasis
- (c) Tics - 240
- (d) Anorexia Nervosa 216
- (e) Exhibitionism
- (f) Somnambulism.

2+3+5=10

2 Answer followings :

- (a) Define Organic Mental Disorders 244
- (b) Clinical manifestations of Delirium. 250
- (c) Write Nursing management for the patient with Dementia. 255

4x5=20

3 Write Nursing management for the following conditions (any four) :

- (a) Patient with Depression ✓ 162
- (b) Patient with suicidal tendency ✓ 254
- (c) Patient with schizophrenia ✓ 170
- (d) Patient with Autism 223
- (e) Patient with Alcohol Dependence ✓ 197

SECTION II

4x5=20

4 Write short notes (any four) :

- (a) Enuresis ✓
- (b) Causes of mental Retardation 272
- (c) Nursing care of patient with E.C.T. 138
- (d) List out Principles of Psychiatric Nursing ✓ 49
- (e) Therapeutic Nurse-Patient Relationship ✓ 82

2x4=8

5 Write Nurses responsibilities for the following drugs (any two) :

- (a) Olanzapine 358
- (b) Disulfiram 205
- (c) Imipramine 360

3x4=12

6 Answer followings (any three) :

- (a) Secondary prevention of mental illness 298
- (b) Group therapy ✓ 114
- (c) Difference between Epileptic Fits & Hysterical Fits 9
- (d) Admission Procedure. 282

Third B.Sc. (Nursing) Examination  
Mental Health Nursing

[Max. Marks : 75

Date : 01-08-2012 Wednesday  
[Time : 3 Hours

- Instructions :
- (1) Write each section in a separate answer book.
  - (2) Figure to the right indicates marks.
  - (3) Draw diagram wherever necessary.
  - (4) Write legibly.

SECTION-I

- 1 - Q.1 a) Define mental health (2)  
 18 - b) Describe the functions of mental health nurse in various setting (8)  
 263 Q.2 a) Define the grief Describe the principles and techniques of counseling (4+4=10)  
 Q.3 Answer the following (Any Three) (3x6=18)  
 236 a) Conduct disorders  
 149 b) Rehabilitation of chronic schizophrenic patient 3  
 c) Care of crying person 2  
 217 d) Bulimia Nervosa 3

SECTION-II

- Q.4 Define following (Any Five) (5x2=10)  
 a) Process recording 109 b) Catharsis c) Delusion of reference 29  
 d) Fetishism e) Withdrawal f) Social phobia 6  
 Q.5 Write Shortnotes (Any Four) (4x5=20)

- 84 1) Johri window  
 303 2) Occupational therapies used for psychiatric patients 3 2  
 48 3) Neurotransmitters and mental illness 3  
 318 4) Psychological interventions of violent patient 3  
 96 5) Classification of antipsychotic drugs and role of nurse 2  
 256 Q.6 Describe the management of panic episode 4

Third B.Sc. (Nursing) Examination  
Mental Health Nursing

Date : 22-07-2011 Friday  
[Time : 3 Hours

[Max. Marks : 75

- Instructions : (1) Write each section in a separate answer book.  
(2) Figure to the right indicates marks.  
(3) Draw diagram wherever necessary.

SECTION I

- 80 ✓ Q.1 Write the Characteristics of therapeutic communication. Describe the communication techniques. (3+7=10)
- Q.2 Define the Phobia. Describe the types and its management. (1+2+7=10)
- Q.3 Answer following. (Any three) (3X6=18)
- 83 ✓ a) Paraphillias (Disorder of sexual preference) 213  
115 ✓ b) National Mental Health program.  
96 ✓ c) Principles of psychiatric Nursing practice.  
d) Antipsychotic drugs and Nursing responsibilities.

SECTION II

- Q.4 - Define following. (Any Five) (5 x 2 = 10)
- 168 a) Cyclothymia  
b) Tangentiality  
c) Substance dependence  
d) Insight  
e) Ambivalence  
f) Mannerism
- Q.5 Write Short Notes. ( Any four) (4 x 5 =20)
- ✓ a) Autism - 230  
✓ b) Process recording  
✓ c) Group therapy - 114  
d) Post traumatic Stress disorder. - 183  
✓ e) Rights of mentally ill person & role of Nurse. - first page or 110
- Q.6 Describe the Nursing management of severe depressive episode. 159 (7)

1/49

0216E159

Candidate's Seat No : 7

T.Y. B.Sc. (Nursing) Examination  
Mental Health Nursing

Date : 08-02-2016 Monday]  
[Time : 3 Hours

[Max. Marks : 75

- Instructions :
- (1) Answer to the point.
  - (2) Figure to the right indicates marks.
  - (3) Draw diagrams wherever necessary.
  - (4) Write legibly.
  - (5) Use separate answer books for each section.

SECTION- A (38 MARKS)

2×5=10

Q-1. Define following (Any five)

1. Dementia.
2. Transference .
3. Delusion.
4. Withdrawal syndrome.
5. Hallucination.
6. Aversive therapy.
7. Neurosis.

Q-2. Define Therapeutic Communication. Explain the various techniques in communication. 2+6=8

Q-3. Define Schizophrenia. Discuss the causes, clinical manifestations, and psychopathology, medical and nursing management of this patient. 2+4+4=10

Q-4. Define Bipolar affective disorder. Discuss in signs and symptoms, psychopathology and nursing management of a client with depression 2+4+4=10

SECTION- B (37 MARKS)

4×5=20

Q-5 Write short notes (Any four)

1. Side effects of antipsychotic drugs.
2. Difference between Psychosis and Neurosis.
3. Mental status examination.
4. Concepts of normality and abnormality.
5. Prevention of suicide.

0816E152

Third Year B.Sc. Nursing Examination  
Mental Health Nursing

Candidate's Seat No 460

Date : 03-08-2016, Wednesday]  
Time : 3 Hours]

[Max. Marks : 75

- Instructions :
- (1) Answer to the point.
  - (2) Figure to the right indicate marks.
  - (3) Write legibly.
  - (4) Draw diagrams wherever necessary.
  - (5) Use separate answer books for each section.

SECTION -A (38 MARKS)

Q1. Define the following ( ANY FIVE) (2x5=10marks)

- 1) Paranoid Schizophrenia.
- 2) Tangentiality
- 3) Echopraxia
- 4) Illusion
- 5) Process recording
- 6) Anorexia nervosa
- 7) Somatoform disorders

- Q2. a) Define Psychiatric emergencies (1 mark)  
 b) List down the types of psychiatric emergencies (2 marks)  
 c) Explain the role of a nurse in Crisis intervention (7 marks)
- Q3. a) Define Mania. (1 mark)  
 b) List down the clinical features of acute mania. (2 marks)  
 c) Discuss the nursing management of the patient. (7 marks)
- Q4 a) Define Schizophrenia. (1 mark)  
 B )Write the positive and negative symptoms of Schizophrenia. (2 marks)  
 c) Write down the nursing management of a patient with Catatonic Schizophrenia. (5 marks)

SECTION -B (37 MARKS)

Q5. Write short notes (ANY FOUR)

4x5=20 marks

- 1) Electroconvulsive therapy
  - 2) CAGE
  - 3) Delirium
  - 4) Principles of mental health nursing
  - 5) Group therapy
- Q6. a) Write down the drugs that are commonly abuse. (2 marks)  
 b) Write the clinical manifestations of a patient with alcohol abuse. (3 marks)
- Q7. a) Define Organic psychosis. (1 mark)  
 b) Write down the types of organic brain syndromes. (2 marks)  
 c) Write the nursing management of a patient with Dementia. (3 marks)
- Q8. Discuss the role of a Mental health nurse. (6 marks)

Third Year B.Sc. Nursing Examination  
Mental Health Nursing

Date : 29-07-2017, Saturday  
Time : 3 Hours]

[Max. Marks : 75

- Instructions : (1) Answer to the point.  
(2) Figure to the right indicate marks.  
(3) Write legibly.  
(4) Draw diagrams wherever necessary.  
(5) Use separate answer books for each section.

**SECTION I (38 Marks)**

Q1. Define the following (Any Five)

2 x 5 = 10

- 1) Schizophrenia
- 2) Conduct disorder
- 3) Delusion
- 4) Antipsychotics
- 5) Hypochondriasis
- 6) Anorexia Nervosa
- 7) Echopraxia

- Q2. a. Define Alcohol dependence syndrome (1)  
b. Enlist the risk factor for Alcohol dependence. (3)  
c. Explain Psychiatric disorder due to Alcohol dependence. (6)
- Q3. a. Define Depression (1)  
b. Explain Causes Of Depression (3)  
c. Describe nursing management for severe depression patient. (6)
- Q4. a. Define dementia. (1)  
b. Enlist clinical features according to the stages of dementia. (3)  
c. Explain follow up home care and Rehabilitation for Dementia Patient. (4)

**SECTION II (37 Marks)**

Q5 Write Short Notes (Any Four) 4x5 =20 marks

- 1) Misconceptions about mental illness
- 2) Mental Health Services Available for Psychiatric Patient
- 3) Rights of Psychiatric patients
- 4) Techniques of crisis Intervention
- 5) Differences between epileptic Seizures and pseudo Seizures

- Q6. a. Explain Antipsychotic drug mechanism of action. (2)  
b. Explain Extrapyramidal Symptoms. (3)

- Q7. a. Define mental health. (2)  
b. Explain concepts of normal and abnormal behavior. (5)  
c. Explain the general principles of mental health nursing. (5)



0718E280

Candidate's Seat No : 1149

Third Year B.Sc. Nursing Examination  
Mental Health Nursing

Date : 27-07-2018, Friday]  
Time : 3 Hours]

[Max. Marks : 75

- Instructions :
- (1) Answer to the point.
  - (2) Figure to the right indicate marks.
  - (3) Write legibly.
  - (4) Draw diagrams wherever necessary.
  - (5) Use separate answer books for each section.

**SECTION: I**

Q. 1 Describe the clinical features, causes, management and nursing care plan for depression. 13

Q. 2 Short notes on any five

5X5=25

- A. Nursing management of a patient with substance abuse.
- B. Eating disorders.
- C. Group therapy.
- D. Legal aspects in mental health
- E. Therapeutic nurse – Patient relationship.
- F. Autism

**SECTION II**

Q. 3 a) Define crisis intervention. b) Explain the steps in crisis intervention.

2+5+5=12

c) Role of nurse in crisis intervention.

Q. 4 Short notes on any five

5X5=25

- A. Delusion.
- B. Discuss the cluster B personality disorder
- C. National Mental Health Programme.
- D. Delirium
- E. Behaviour therapy.
- F. Paraphilias .

Third Year B.Sc. (Nursing) Examination  
Mental Health Nursing

Date : 24-01-2018, Wednesday]

[Time : 3 Hours

[Max. Marks : 75

- Instructions : (1) Answer to the point.  
(2) Figure to the right indicates marks.  
(3) Draw diagrams wherever necessary.  
(4) Write legibly.  
(5) Use separate answer books for each section.

SECTION I (38 Marks)

Q1. Define the following (ANY FIVE)

(2 x 5 = 10)

- 1) Phobia
- 2) Autism
- 3) Tardive dyskinesia
- 4) Delusion
- 5) Transference
- 6) Amnesia
- 7) Bulimia nervosa

- Q2. a. Define electro-convulsive therapy. (1)  
b. Discuss in brief the indications and contraindications of electro-convulsive therapy. (3)  
c. Write the role of nurse in electro-convulsive therapy. (6)

- Q3. a. Define mania. (1)  
b. Explain the triad symptoms of mania. (3)  
c. Write the nursing management of patient suffering from mania. (6)

- Q4. a. Define schizophrenia. (1)  
b. Explain the types of schizophrenia. (3)  
c. Describe the rehabilitation services that must be provided to the patient suffering from schizophrenia. (4)

SECTION II (37 Marks)

Q5. Write short note on ANY FOUR of the following:

(4 x 5 = 20)

- 1) Half-way Home
- 2) Side-effects of Antipsychotic Drugs
- 3) Group Therapy
- 4) Principles of psychiatric nursing
- 5) Therapeutic nurse-patient relationship

- Q6. a. Explain mechanism of action of antidepressant drugs. (2)  
b. Describe the nursing responsibilities while administering antidepressant drugs. (3)

- Q7. a. Define psychiatric nursing. (2)  
b. Write in short about the mental health team members. (5)  
c. Discuss misconceptions related to mental illness in India. (5)

Third Year B.Sc. (Nursing) Examination  
Mental Health Nursing

[Max. Marks : 75]

Date : 25-01-2019, Friday]

[Time : 3 Hours

- Instructions :
- (1) Answer to the point.
  - (2) Figure to the right indicates marks.
  - (3) Draw diagrams wherever necessary.
  - (4) Write legibly.
  - (5) Use separate answer books for each section.

## SECTION - I (38 marks)

- Q : 1 Define the following terms (any five) : (2\*5=10)
- a) Anhedonia
  - b) Psychiatric Nursing
  - c) Pedophilia
  - d) Deja vu
  - e) Delirium
  - f) Echopraxia
  - g) Hallucination
- Q : 2
- a) Define Depression (1)
  - b) List down the sign and symptoms manifested in Depression (3)
  - c) Enumerate the Nursing Care required in Depression (6)
- Q : 3
- a) Define Mental Retardation (1)
  - b) List down the causes of Mental Retardation (3)
  - c) Discuss the management of a patient with Mental Retardation (6)
- Q : 4
- a) State the meaning of therapeutic nurse-patient relationship (1)
  - b) Discuss the components of therapeutic relationship (3)
  - c) Explain the phases of therapeutic relationship (4)

## SECTION - II (37 marks)

- Q : 5 Write short notes on the following (any four): (4\*5=20)
- a) Extrapramidal Syndrome
  - b) Mental Health Act
  - c) Standards of Psychiatric Nursing
  - d) Characteristics of mentally health individuals
  - e) Suicide
- Q : 6
- a) Explain the mechanism of the drug Lithium (2)
  - b) Describe the Nurse's responsibility while administering Lithium (3)
- Q : 7
- a) Define Therapeutic community (2)
  - b) Explain the components of Therapeutic community (5)
  - c) Discuss the advantages and disadvantages of Therapeutic community (5)