

1st Year B.Sc Nursing
Psychology (QP.Code-1758)
Question Bank

Unit –I: Introduction

Unit no.	Topics	Hours allotted	Must know			Desire to know			Weightage of marks
			Long Essays (10marks)	Short Essays (5marks)	Short Answer (2marks)	Long Essays (10marks)	Short Essays (5marks)	Short Answer (2mark)	
1	Definition and scope of psychology	02	.	.	01	.	.	.	02

Short Answers:

2marks

1. Define psychology.
2. List down four uses of psychology in nursing.
3. List down the schools of psychology.
4. List down the branches of psychology.
5. What is parapsychology?
6. What is cognitive psychology?
7. Define applied psychology with an example.
8. Define Pure psychology with an example.
9. What is developmental psychology?
10. What is experimental psychology?
11. What is legal psychology?
12. What is clinical psychology?
13. What is abnormal psychology?
14. What is physiological psychology?
15. What is social psychology?
16. What is child psychology?
17. What is adult psychology?
18. What is adolescent psychology?
19. What is military psychology?
20. What is legal psychology?
21. What is industrial psychology?
22. What is educational psychology?
23. What is animal psychology?
24. What is legal psychology?
25. List down any four methods of psychology.
26. What is introspection method of psychology?
27. Write merits of introspection method of psychology.
28. Write demerits of introspection method of psychology.
29. Write any two merits and demerits of introspection method of psychology.
30. What is observation method of psychology?
31. Write merits of observation method of psychology.
32. Write demerits of observation method of psychology.
33. Write any two merits demerits of observation method of psychology.

34. What is experimental method of psychology?
35. Write merits of experimental method of psychology.
36. Write demerits of experimental method of psychology.
37. Write any two merits and demerits of experimental method of psychology.
38. List down the steps of experimental method of psychology.
39. What is survey method of psychology?
40. Write merits of survey method of psychology.
41. Write demerits of survey method of psychology.
42. Write any two merits and demerits of survey method of psychology.
43. What is interview method of psychology?
44. Write merits of Interview method of psychology.
45. Write demerits of Interview method of psychology.
46. Write any two merits and demerits of Interview method of psychology.
47. What are two types of interview?
48. What is case study method of psychology?
49. Write any two merits and demerits of case study method of psychology.

Unit – II : Biology of behaviour

Unit no.	Topics	Hours allotted	Must know			Desire to know			Weightage of marks
			Long Essays (10marks)	Short Essays (5marks)	Short Answer (2marks)	Long Essays (10marks)	Short Essays (5marks)	Short Answer (2mark)	
2	Body and mind relationship; modulation process in health and illness	04	.	01	05

Short Essay:

5 marks

1. Explain the role of heredity and environment in behaviour development.
2. Describe the factors influencing development of behaviour.
3. What are causes for individual differences?
4. Every individual is unique. Briefly explain.
5. Explain the significance of individual differences.
6. How heredity and environment influence the development of behaviour?
7. Role of heredity and environment in shaping behaviour.
8. Briefly explain the role of endocrine glands on behaviour.
9. Briefly explain the glandular control of the behaviour.
10. How hormones control the emotion and behaviour of an individual?
11. Explain the body and mind relationship.
12. How does the body affect the mind?
13. How does the mind affect the body?

Unit-III: Cognitive Processes

Unit no.	Topics	Hours allotted	Must know			Desire to know			Weightage of marks
			Long Essays (10marks)	Short Essays (5marks)	Short Answer (2marks)	Long Essays (10marks)	Short Essays (5marks)	Short Answer (2mark)	
3	Cognitive process	20	01	02	-	-	-	-	20

● Attention:

Long Essay:

10 marks

1. Define attention. Write classification of attention. Briefly explain the determinants of attention. 2+3+5
2. Classify attention. Explain the factors influencing attention. 3+7
3. What is span of attention? Explain the factors influencing attention. 2+8

Short Essay:

5 marks

1. Explain the determinants of attention.
2. Explain the factors influencing attention.

● Perception:

Long Essay:

10 marks

1. Define perception. Explain the principles of perceptual organization. 2+8
2. Define perception. Write the characteristics of perception. Explain extra sensory perception. 2+3+5
3. Define perception. Write the characteristic of perception. Explain the factors affecting perception. 2+3+5

Short Essay:

5 marks

1. Explain the factors affecting perception.
2. Explain the errors in perception.
3. Describe extra sensory perception
4. Explain the various types of perceptual illusion.

● Learning:

Long Essay:

10 marks

1. Define learning. Explain Pavlov's classical conditioning theory of learning. 2+8
2. Define learning. Explain operant conditioning theory of learning. 2+8
3. Define learning. Explain insightful theory of learning. 2+8
4. Enumerate the different types of learning. Explain factors affecting learning. 3+7
5. Explain any two theories of learning.
6. Define learning. Describe the educational implications of learning by conditioning in nursing education. 2+8

Short Essay:

5 marks

1. Explain the nature and types of learning.
2. Briefly explain the various types of learning.
3. Explain the various factors affecting learning.
4. Explain the laws of learning.
5. Briefly explain insightful theory of learning.
6. Briefly explain classical conditioning of learning.
7. Briefly explain operant conditioning of learning.
8. Differentiate between classical and operant conditioning theory of learning
9. Discuss Thorndike's laws of learning and write their significance.
10. Explain trial and error learning.
11. Describe the transfer of learning.
12. What are study habits? How to improve study habits?

● Memory:

Long Essay:

10 marks

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| 1. Define memory. Explain the process and types of memory. | 2+3+5 |
| 2. Explain the classification and factors affecting memory. | 5+5 |
| 3. Explain the classification of memory and methods of memorizing. | 5+5 |
| 4. What is forgetting? Explain the theories of forgetting. | 2+8 |
| 5. Classify forgetting. Explain the theories of forgetting. | 3+7 |

Short Essay:

5 marks

1. Describe the classification of memory with examples.
2. Explain the factors influencing memory.
3. Explain the theories of forgetting.
4. Explain the biological causes of forgetting.
5. Explain the methods of memorizing.
6. Explain different ways to improve memory.

● Thinking:

Long Essay:

10 marks

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| 1. Define thinking. Explain favourable elements in thinking. | 2+8 |
| 2. Define thinking. Explain the types of thinking. | 2+8 |

Short Essay:

5 marks

1. Describe the stages of development of thinking.
2. Explain the levels of thinking.
3. Explain the types of thinking.
4. Describe creative thinking
5. Briefly describe the tools of thinking.

● Intelligence:

Long Essay:**10 marks**

1. Define intelligence. Explain any two theories of intelligence.
2. Define intelligence. Explain factor theories of intelligence.
3. Define intelligence. Explain the classification of intelligence tests.
4. Explain the measurement of intelligence.

2+8

2+8

2+8

Short Essay:**5 marks**

1. Briefly explain the different types of intelligence.
2. Explain nature and functions of intelligence.
3. Explain uses of intelligence tests.
4. Define intelligence. Explain characteristics of intelligence.
5. Briefly explain individual intelligence tests
6. Briefly explain group intelligence tests.
7. What is IQ? How to classify individual on the basis of IQ?

• Aptitude:**Short Essay:****5 marks**

1. Explain the types of aptitudes.
2. Briefly explain the uses of aptitude tests.
3. Describe the various tests used to measure the aptitude.
4. Describe the importance of aptitude.

Unit – IV: Motivation and Emotional Processes

Unit no.	Topics	Hours allotted	Must know			Desire to know			Weightage of marks
			Long Essays (10marks)	Short Essays (5marks)	Short Answer (2marks)	Long Essays (10marks)	Short Essays (5marks)	Short Answer (2mark)	
4	motivation	08	01	01	-	-	-	-	15

Long Essay:**10 marks**

1. Explain the theories of motivation. 10
2. Define motivation. Explain the Maslow's theory of motivation. 2+8
3. Explain the concepts and theories of motivation. 3+7
4. Define motivation. Explain the social motives. 2+8
5. Define motives. Explain different types of motives. 2+8
6. What is motive? Classify motives. Describe in detail about physiological motives. 2+3+5
7. Define conflict. Discuss types and resolution of conflict. 2+4+4
8. How does frustration and conflict cause stress? Briefly discuss the types of conflict. 5+5
9. Define frustration. Explain the causes of frustration. 2+8
10. Explain the theories of emotions in detail. 10
11. What is an emotion? Explain the theories of emotion. 2+8

Short Essay:**5 marks**

1. Briefly explain motivation cycle.
2. Explain the primary and secondary motives.
3. Briefly explain Maslow's theory of Motivation.
4. Explain two theories of emotions.
5. Define emotion. Briefly explain characteristics of emotions.
6. Briefly explain physiological and psychological changes during emotions.
7. Briefly explain emotions in health and sickness.
8. Classify need, drive and motives.
9. Describe the causes of frustration.
10. What is frustration and conflicts? Explain the sources of frustration.
11. Describe sources and types of conflict.
12. What are conflicts? Explain the different types of conflicts with one example for each.
13. Describe conflict resolution.
14. Explain biological and social motives with the examples for each.
15. Briefly explain General Adaptation Syndrome.
16. Define coping. Describe the methods of coping with stress.
17. What are stressors? Briefly explain how to overcome from stress.
18. Define stress. Explain the causes of stress for different age groups.
19. Briefly describe attitudinal change.
20. Briefly explain how to cope with stress.

Unit-V: Personality

Unit no.	Topics	Hours allotted	Must know			Desire to know			Weightage of marks
			Long Essays (10marks)	Short Essays (5marks)	Short Answer (2marks)	Long Essays (10marks)	Short Essays (5marks)	Short Answer (2mark)	
5	Personality	07	-	01	-	-	-	02	09

Short Essays:**5 marks**

1. Discuss Freud's theory of psychosexual development.
2. Discuss Erikson's theory of psychosocial development.
3. Explain the psychometric assessment of personality.
4. What are projective tests? Explain their role in personality assessment.
5. Briefly describe the organization of personality.
6. Explain the importance of personality in nursing.
7. Explain the various alterations in personality.
8. Describe psycho analytical theory of personality.
9. Describe the projective techniques of personality assessment.
10. Define personality. Explain any one theory of personality.
11. Describe the factors affecting development of personality.
12. Briefly describe classification of personality.
13. Briefly explain Hippocrates and Carl Jung's classification of personality.

Short Answers:**2 marks**

1. Define Id.
2. Define Ego.
3. Define Trait.
4. Define personality.
5. What do you mean by introverts?
6. What are the characteristics of extroverts?
7. What are types and traits?
8. What are projective tests?
9. Give two examples for projective tests of personality.
10. Define superego.
11. Name any four personality disorders.
12. List down the common behavioural changes in illness.
13. What is Rorschach Inkblot Test?

Unit VI: Developmental Psychology

Unit no.	Topics	Hours allotted	Must know			Desire to know			Weightage of marks
			Long Essays (10marks)	Short Essays (5marks)	Short Answer (2marks)	Long Essays (10marks)	Short Essays (5marks)	Short Answer (2mark)	
6	Developmental psychology	07	-	01	-	-	-	02	09

Short Essays:

5 marks

1. Discuss the psychological needs of women.
2. Discuss the role of the nurse in meeting psychological needs of risk people.
3. How does a group influence individual behaviour? Explain.
4. Briefly explain the stages of development.
5. Explain the psychological development during adolescence.
6. Discuss the psychological needs and role nurse in late adulthood.
7. Discuss the psychological needs and role of nurse in infancy.
8. Discuss the role of nurse in the stages of early child.
9. Define grief and explain the stages of grief.
10. Discuss how an individual is influenced by group.

Short Answers:

2 marks

1. Define grief.
2. List down the stages of grief.
3. Enumerate the psychological reaction to terminal illness.
4. Classify groups.
5. Define group therapy.
6. List down the psychological need of women.
7. List down the psychological needs of children.
8. List down the psychological needs in old age
9. List down the psychological needs during infancy.
10. Define denial.
11. Define assertiveness.
12. List down the stages of development.
13. Define mourning.

14. What are vulnerable groups?

Unit VII: Mental Hygiene and Mental Health

Unit no.	Topics	Hours allotted	Must know			Desire to know			Weightage of marks
			Long Essays (10marks)	Short Essays (5marks)	Short Answer (2marks)	Long Essays (10marks)	Short Essays (5marks)	Short Answer (2mark)	
7	Mental Hygiene & Mental Health	08	-	01	02	-	-	01	11

Short Essays:

5 marks

1. Describe the characteristic of mentally health person.
2. Discuss the concept of mental health and mental hygiene.
3. Explain the warning signs of poor mental health with respect to various age groups.
4. Discuss the role of nurse in primary prevention of mental disorders.
5. Discuss the role of nurse in secondary prevention of mental disorders.
6. Discuss the role of nurse in tertiary prevention of mental disorders.
7. Discuss the strategies of promotion of mental health and prevention of mental illness.
8. Define defence mechanism and explain any three with examples.
9. Briefly explain defence mechanisms.
10. Define counselling and discuss the stages of counselling.
11. Explain the techniques counselling.
12. Describe the importance of guidance and counselling in nursing education.
13. Define guidance and counselling. Briefly explain the purposes of counselling.

Short Answers:

2 marks

1. Define mental health.
2. Define mental hygiene.
3. What are ego defence mechanisms? Give two examples.
4. List down any four characteristics of mentally healthy person.
5. List down any four characteristics of mental illness.
6. Define half way homes.
7. Define repression.
8. Define displacement.
9. Define reaction formation.
10. Define rationalization.
11. Define sublimation.
12. Define projection.
13. What is acting out?
14. What is compensation?
15. What is assertiveness?
16. Define intellectualization.
17. List down the areas of adjustment.

18. Define guidance.
19. Define counselling.
20. List down the areas of guidance.

Unit VIII: Psychological Assessment and Tests

Unit no.	Topics	Hours allotted	Must know			Desire to know			Weightage of marks
			Long Essays (10marks)	Short Essays (5marks)	Short Answer (2marks)	Long Essays (10marks)	Short Essays (5marks)	Short Answer (2mark)	
8	Psychological Assessment & Tests	04	-	-	01	-	-	01	04

Short Answers:

2 marks

1. Classify psychological tests.
2. List down the steps in development of psychological tests.
3. What is achievement test?
4. What is aptitude test?
5. What is individual and group test?
6. Write any five uses of psychological tests.
7. List down the limitation of psychological tests.
8. Define reliability.
9. Define validity.
10. What are rating scales?
11. List down the characteristics of psychological tests.